SOLUTION

BUDDY SYSTEM

Each of the Aberzombie & Fitch clues can be paired to form common English idioms after one letter of each Aberzombie answer is replaced by a bigram. In order of the Aberzombie clues:

BRIDE & GRO(W \rightarrow OM) D(U \rightarrow EA)D & BURIED FR(E \rightarrow UI)TS & VEGETABLES CRI(B \rightarrow ME) & PUNISHMENT FAST & LOO(N \rightarrow SE) S(A \rightarrow MO)KE & MIRRORS TAR & (L \rightarrow FE)ATHER STA(G \rightarrow RS) & STRIPES TOIL & (D \rightarrow TR)OUBLE BONNIE & C(O \rightarrow LY)DE (P \rightarrow WH)EEL & DEAL CLEAN & JE(T \rightarrow RK) SAVINGS & LO(X \rightarrow AN)

Filling in the enumerations with the respective letters of each changed bigram (as specified by the original Aberzombie letter) spells the phrases IMMATURE FLOWERS and HONEY MAKERS.

Repeating the process one more time on these phrases for Aberzombie & Fitch yields a final English idiom:

 $B(U \rightarrow IR)DS \& BEES$

The provided answer enumeration then identifies the required answer as **BIRDS**.