DILATION

The first step of the puzzle contains many confusingly-worded clues. The blue lines indicate letters that are shared between adjacent clues.

If you fill in the clues, the circled letters spell EVERY FIFTH LETTER. If you take every fifth letter of the clues, you get much shorter clues whose answers fit the second set of blanks.

These answers use an ordered subsequence of the answers to the original clues, plus one more letter. The added letters spell HUMBLE PIE.

